

RECOMMENDED READING LIST

WEBSITES:

www.resolution.org.uk/parentingafterparting : the website of Resolution (Solicitors Family Law Association). This has a dedicated section for parents with its own list of recommended resources and reading

www.divorceandchildren.com : the website of Christina McGhee well known for her TV series sometime ago. Has many tips and materials you can buy direct from her. She is from the US so her ideas are set against a different background but still very accessible and valuable.

www.childline.org.uk or 0800 1111

www.cafcass.gov.uk

www.divorceaid.co.uk

www.nyas.net

www.worriedneed2talk.org.uk

www.youngminds.org.uk

BOOKS:

PRE-SEPARATION

These books can be used prior to telling children about a separation. They introduce different emotions.

The Bad Tempered Ladybird

The Very Busy Spider

Eric Carle, Hamish Hamilton 2+

Very common in playgroups and nurseries

Where the Wild Things are

Maurice Sendak, Picture Puffin 5+

Helps to explore fantasy, dreams and tantrums.

The Silly Book

The Hairy Book

The Smelly Book

Babette Cole, Jonathan Cape 3+

Peace at Last

5 minutes peace

Jill Murphy, MacMillan Walker 3+

About Mr Bear and Mrs Large

The Jolly Postman

Jill Murphy, MacMillan Walker 3+

By the authors of Peepo

Dr Xargle's book of Earthlets,

Earthhands, Earthmobiles,

Earth Tiggers

FOR ADULTS

What most children say – Kent Family Mediation 6 Park Rd Sittingbourne Kent contact@kentfms.co.uk tel 01795 429689

This is a pocket guide for separating parents, summarizing the research on children's views. Very cheap 50p approx and thoroughly recommended if it's the only thing you read. Many solicitors keep a stock.

Jeanne Willis & Tony Ross, Andersen Press
5+

Our world, as viewed by aliens

Angry Arthur

Kitamura, Andersen 5+

Good for dealing with anger issues

In the attic

Andersen 5+

Granpa

John Burningham Picture Puffin

Introduces mortality

My Mum is fantastic

My Dad is Brilliant

My Grandma is wonderful

Nick Butterworth, Walker -5

The Which? Guide to Divorce

Helen Garlick
Consumer Association/Hodder 1992

Helping Children Cope with Divorce

Rosemary Wells
Sheldon Press 1989

Helping Children Cope with Divorce
Edward Teyber, Jossey Brass 2001

Coping with Separation and Divorce
Ann Mitchell
Chambers 1986

Helping Children Cope with Separation and Loss
Claudia Jewett
Batsford 1982

To and Fro Children:

A Guide to Successful Parenting after Divorce
Jill Burrett
Thorsons 1993

How to Talk so Kids will Listen and Listen so Kids will Talk
Adele Faber & Elaine Mazlish, Piccadilly Press

Putting Children First: a Handbook for separated parents
Karen and Nick Woodall, Piatkus Books

FOR CHILDREN AND ADULTS

Parent problems! Children's views on life when parents split up by Bren Neal and Amanda Wade published by Young Voice 2000. Available online from Amazon and Blackwells stores although some only offering second hand copies. Cost £7 - £10
The second volume **Parent Problems 2** seems to be unavailable currently.
Recommended as direct quotations from children who have experienced separation about what does and doesn't work and how they feel about how their parents behave.

We Don't All Live with Mum and Dad
(a guide to a comprehensive collection of books for children)
National Council for One Parent Families

Dinosaurs Divorce
Laurene Krasny Brown and Marc Brown
Collins 1987 Age 5-8

Two Homes
Claire Mazurel, Walker Books 3+

Two of Everything
Babette Cole, Red Fox 4+

Rainy Day
Emma Haughton, Doubleday 4+

Its not your fault, Koko Bear
Vicki Lansky, Book Peddlars 4+

Was it the Chocolate Pudding? A story for little kids about divorce.
Sandra Levins, Magination Press
(American Psych. Association) 4+

Dinosaurs Divorce
Laurene Krasny & Marc Browne, Collins 5+

I don't want to
Bel Mooney, Mammoth 5+

The Anti-colouring book
Susan Sriker & Edward Kimmel, Hippo 5+

The Monster Bed
Jeanne Willis & Susan Varley, Andersen Press 5+

Rescuing Dad
Pete Johnson, Corgi 7+

Where has Daddy Gone?
Trudy Osman and Joanna Carey
Heinemann 1990: 5-8

Children Don't Divorce

Rosemary Stones and Nichola Spooner
Dinosaur Publications 1991 (Factual) 7 +

OLDER CHILDREN**Let's Talk About Divorce**

Angela Grunsell
Aladdin Books 1989 (Factual): 7 +

What's Happening? Splitting up

Karen Bryant Mole
Wayland 1992 (Factual): 8-12

Madam Doubtfire

Anne Fine
Penguin Books 1987: 9 +

Step by wicked step

Anne Fine
Puffin Books 1984 8+

It's Not the End of the World

Judy Blume
Pan Piper 1972: 10-13

Starring Sally J Freedman as Herself

Judy Blume, Piccolo, 9+

The Divorce Express

Paula Danziger
Pan Piper 1987 Age: 10-13

My Wicked Stepmother

Norman Leach and Jane Brown
Julie MacRae Books 1992 Age: 5-8

Let's Talk About Stepfamilies

Angela Grunsell
Aladdin Books 1990 (Factual): 7 +

It's an Aardvark-Eat-Turtle World

Paul Danziger
Pan Piper 1988: 10-13

The Cybil War

Betsy Byars, Puffin 9+

Goggle Eyes

Anne Fine, Puffin 9+

Ginny Morris and Dad's New Girlfriend

Mary Gallagher, Magination Press 9+

Thin Ice

Marc Talbert, Hamish Hamilton 10-12+

The Lying Tree

Alexa Tewkesbury & Steve Legg, Canaan
Press 10-12+

Clean Break

Jacqueline Wilson, Corgi 10-12+

A Heart with Two Homes

Monica Epperson, Xlibris 12+

Passion Flower

Jean Ure, Collins 12+

You win some, you lose some

Julia Clarke, OUP Oxford Teens

Other People's Children

Joanna Trollope, Black Swans Teens (and
parents)

OUT OF PRINT BOOKS

Dad's Back

Jan Ormerod, Walker, Picture Book

I have two homes

Althea, Dinosaur 3+

The Amazing Hide & Seek

Alphabet/Number

Robert Crowther, Viking 3+

The Visit

Dee Shulman, Bodley Head 3+

Are we nearly there

Louise Baum, Bodley Head 3+

The Not So Wicked Stepmother

Litzi Boyd, Puffin 5+

My Dad

Philippe Dupasquier, Mammoth 5+

The Twig Family

Jan Mark, Viking/Puffin 5-6+

Breadcrumbs and Clay

Don Taylor, Hamish Hamilton, 6+

Feelings

Aliki, Picture Piper 7+

Mum, will Dad ever come back?

Paula Hogan, Backwell Raintree 7+

The Visitors who came to Stay

Annalena McAfee & Anthony Browne,
Hamish Hamilton 7+

But you promised

Bel Mooney, Mammoth 7+

Family Saturday

Marjorie Newman, Hamish Hamilton 7+

The Animal, the Vegetable and John D Jones

Betsy Byars, Press 10+

Jellybean

Tessa Duder, Puffin 10+

Come back soon

Judy Gardiner, Puffin 10+

Rob's Place

John R Townsend, Puffin 10+

Marmalade, Jet & the Finnies

Edel Wignell, Hamish Hamilton u12's

Who is Frances Rain?

Margaret Buffie, Viking/Puffin 12+

Tina into two won't go

Elfie Donnelly, Andersen 12+

Its my Life

Robert Leeson, Collins 12+

When Parents' split up

Ann Mitchell, Chambers Teen 12+